



LIFE SKILLS

# 20 DAY CHALLENGE

1999-2019

20

YEARS

OF Premier  
Education

## Wow

Sponsored by *Game of Actual Life*



**Overview:** A look at the more special things in life.

**Time:** 5 - 10 minutes

**Equipment required:** Paper and pencils.

### Benefits:

- A gentle activity that's great for creating a calming atmosphere.
- Encourages imagination and creativity.
- Invites children to express themselves through drawings and words.

### The activity:

1. Share your own thoughts on what in life makes you go "Wow!" e.g. rainbows, art, horses, music etc.
2. Hand out paper and pencils to everybody playing.
3. Ask everyone to write "Wow!" in bubble letters in the middle of the page.
4. Now invite them to write and draw things they can think of that make them go "Wow" around the page.
5. Take the time to present the posters to each other when they're finished and explain what it is about those things that makes them so amazing.
6. Consider displaying the posters somewhere around the house as a reminder of the wonderful things in life.