



PHYSICAL

# STAY ACTIVE

1999-2019

# 20

YEARS

OF Premier  
Education

**Jungle Animals:** One child or more. 10-20 mins playtime.

### Equipment:

- List of Animals (attached)
- Instrumental music-  
Jungle -music/sounds

### What to do:

Let your child(ren) decide on a jungle animal. Discuss how this animal might move through the jungle.

Feel free to use the list on the right for ideas of animals.

Play a piece of instrumental music that represents a jungle.

Discuss with your child(ren) what emotions and feelings the music makes them think of.

Ask your child(ren) to create a movement sequence to the music that demonstrates the action of

their animals moving. This doesn't have to be a dance but can be if they want it too.

The focus should be on movement and mime - sounds can come afterwards!

**Elephant**  
**Giraffe**  
**Cheetah**  
**Monkey**  
**Tiger**  
**Lion**  
**Toucan**  
**Parrot**  
**Snake**  
**Lizard**