

2023 ACTIVE CHALLENGE

JUNE

SCAN ME TO
FIND NEXT
WEEK'S ACTIVE
CHALLENGE



Keep track of your weekly progress below by colouring in and adding your scores. Don't forget to share your progress with us.

Tag us in your pictures on social media, using the hashtag
#PREMIERACTIVECHALLENGE



WEEK 23

**GARDEN
VOLLEYBALL**



MY SCORE: _____

WEEK 24

FATHER'S DAY CHALLENGE

...THEN
PERFORM YOUR
ALPHABET
WORKOUT

COLOUR
IN YOUR
NAME...

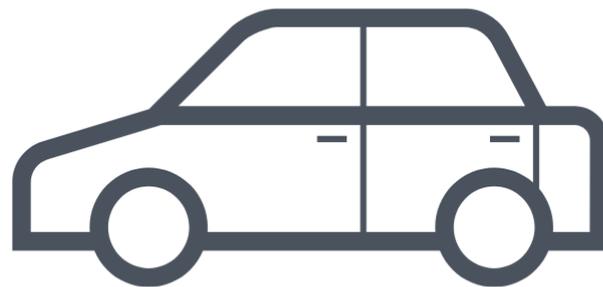
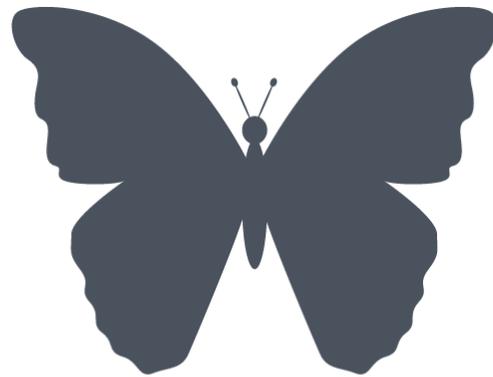
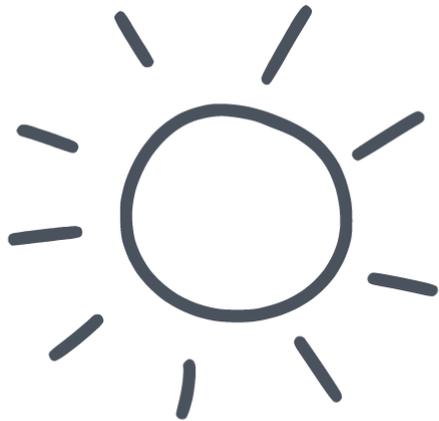
A B C D E F G H
I J K L M N O P Q
R S T U V W X Y Z

WEEK 25

LONG FAMILY WALK

HOW MANY
DID YOU SEE
ON YOUR
WALK?

COLOUR
ME IN



WEEK 26

GARDEN MUSICAL STATUES

COLOUR
ME IN

